



Oncology Nurse Navigator

Providing Support Through the Cancer Journey

More than 1.2 million Americans are diagnosed with cancer each year, but there's heartening news. Today, doctors and hospitals offer more options than ever for treating cancer in your own community - meeting your physical, emotional and spiritual needs.

At Memorial Hermann hospitals, physicians and specialists work together to design individual treatment plans based on the type, stage and aggressiveness of the cancer. With our extensive knowledge and experience and access to state-of-the-art technologies, we can take care of all your cancer needs closer to home.

We're committed to providing you with the information and support you need to make informed decisions that increase your chance of living a long, productive life. During the course of your treatment at any of our Memorial Hermann cancer centers, you will have complimentary access to an Oncology Nurse Navigator to better guide you through your journey.

What is an Oncology Nurse Navigator?

The Oncology Nurse Navigator is an expert oncology clinician and patient/client advocate who assists patients during their course of treatment. The Oncology Nurse Navigator addresses patient and family education, and serves as a liaison throughout the continuum of care. The Oncology Nurse Navigator redefines the patient experience and ensures quality outcomes by combining knowledge and skills with the support, compassion and spirituality our patients deserve.

How Can an Oncology Nurse Navigator Help Me?

Being diagnosed with cancer can be a frightening and confusing experience. There are so many choices to make and so much to learn about your illness and your treatment, sometimes it can be hard to know where to turn. The Oncology Nurse Navigator can show you and your family the way.

The Oncology Nurse Navigator:

- Is the primary resource for newly diagnosed cancer patients
- Helps ensure that you understand each step of your treatment by serving as a liaison between you and your doctors such as:
 - Gynecologic oncologists
 - Medical oncologists
 - Radiation oncologists
 - Radiologists
 - Reconstructive surgeons
 - Surgeons

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- date educational resources and information about cancer to you and your family
- Assists with wigs and prosthesis when applicable

By successfully navigating patients through the complex healthcare system, we have the opportunity to improve the patient experience and to break down barriers. At Memorial Hermann hospitals, the Oncology Nurse Navigator is there every step of the way with patient follow-up that includes frequent communication until patients are comfortable with their condition and considered well and confident enough to be on their own.

Comprehensive Cancer Services

At Memorial Hermann hospitals, physicians, nurses and therapists work together as a dynamic team to develop the most effective treatment plan for each patient. As an integral part of the care team, patients take an active role in all treatment decisions. Specially trained nurses, nutritionists, social workers and chaplains support physicians and assist our patients and their loved ones through recovery and healing.

Memorial Hermann offers a comprehensive range of cancer care services located conveniently throughout the Houston metropolitan area, including a full program of radiation therapy customized to each patient's diagnosis and health issues. Memorial Hermann facilities also feature advanced diagnostics and dedicated oncology units for inpatient treatment complemented by services such as genetic testing and counseling, nutritional counseling, various support groups, palliative care, cancer registry, community screening programs and sources for cancer resource and education.

Your Story Is Our Passion

We know that a cancer diagnosis is not only the start of a physical battle, but also of an emotional one. Some people may find strength and comfort in internal reflection. At Memorial Hermann, we address the human side of cancer through survivor, physician and equipment stories. Our patients will receive a journal used not only to track medications, treatments and appointments, but also as a tool to express fears, hopes and accomplishments. We encourage patients to write, draw or even to use the journal as a scrapbook, which we hope will become a resource for empowerment and inspiration.

